# Kentucky Statewide Diabetes Symposium 2018 1501 Breckenridge Street Owensboro, KY 42303-1054

## **Kentucky Statewide**

# Diabetes Symposium 2018

## Friday November 2<sup>nd</sup>

Marriott East
Commonwealth Ballroom
Louisville, KY

Symposium Held in Recognition of WORLD DIABETES DAY



#### **Continuing Education**

Certified Diabetes Educators • Registered Dietitians Registered Nurses • Registered Pharmacists

#### **REGISTRATION INFORMATION**

## ONLINE REGISTRATION AND PAYMENT REQUIRED:

Online Payment Early Registration Fee \$65 (on or before October 12, 2018)

Online Payment Late Registration Fee \$85 (after October 12, 2018)

#### **UNABLE TO PAY ONLINE:**

In the event an individual is unable to PAY ONLINE, REGISTRATION ONLINE will still be required. There will be an ONLINE option to mail in a check with a printed registration form, however, an additional \$25 per person administration fee will be charged (rates below). See online registration at: <a href="https://tinyurl.com/KYDiabetes2018">https://tinyurl.com/KYDiabetes2018</a>.

Check Payment Early Registration Fee \$90 (on or before October 12, 2018)

Check Payment Late Registration Fee \$110 (after October 12, 2018)

#### **REGISTRATION DEADLINE: October 26, 2018**

Enrollment is limited, therefore, early registration is encouraged. Notification of cancellation required by October 26, 2018 for partial refund. **No refunds after October 26, 2018.** Registration includes light breakfast, lunch, and snacks.

#### PARTICIPANT REGISTRATION:

Space is limited and registrations will be accepted on a first-come, first-served basis ONLINE at: https://tinyurl.com/KYDiabetes2018.

## IF REGISTRATION CLOSED — SIGN-UP FOR WAITING LIST:

If you attempt to register for the Symposium and receive the following message — "Registration is closed. The registration limit has been met" — you may choose to sign-up for a Waiting List at: https://tinyurl.com/KYDiabetes2018WAIT.

Should cancellations occur, potential attendees from the waiting list will be contacted and given priority to fill open spaces.

## UNABLE TO ATTEND — HOW TO CANCEL A REGISTRATION:

Notification of cancellation is required by 10-26-18 for partial refund.

TO CANCEL:

Send a cancellation message, including name, address, phone and e-mail to <a href="mailto:janice.haile@ky.gov">janice.haile@ky.gov</a>.

For your comfort, please bring a sweater / jacket.

## **Online Registration:**

Registration Deadline October 26, 2018

#### PARTICIPANT REGISTRATION

**Online Registration:** 

https://tinyurl.com/KYDiabetes2018

WAITING LIST (THIS LINK WILL OPEN ONLY IF REGISTRATION BECOMES FULL)

**Waiting List:** 

https://tinyurl.com/KYDiabetes2018WAIT

## INDUSTRY ALLIES COUNCIL (IAC) / EXHIBITORS

**Online Registration:** 

https://tinyurl.com/KYDiabetes2018Exhibitor

#### S\$ SAVE MONEY! \$\$

Register and Pay Online by October 12, 2018

#### For program information, contact:

Julie Shapero 859-363-2116 julie.shapero@nkyhealth.org Janice Haile 270-686-7747 x 3031 janice.haile@ky.gov

This activity is jointly provided by the American Association of Diabetes Educators (AADE) Kentucky Coordinating Body (CB) and Local Networking Groups (LNGs) (GLADE, KADE, TRADE, DECA), the Kentucky Diabetes Prevention and Control Program (KDPCP), and the Kentucky Diabetes Network (KDN).

#### **TARGET AUDIENCE AND** ACCREDITATION INFORMATION

This symposium is a knowledge-based offering designed for nurses, dietitians, pharmacists, certified diabetes educators, and other healthcare professionals involved in the education and care of people with diabetes.

#### Requirements:

To successfully complete the program and receive credit, participants must pay the required fee, sign the attendance roster, attend the entire program. and complete the evaluation form.

#### **Accreditation Statement:**

The American Association of Diabetes Educators (AADE) is the accredited provider for continuing education as indicated below

AADE approval of programs or materials does not constitute endorsement of a provider, program, or material. In addition, approval of this educational offering by AADE does not imply endorsement of specific therapies. treatments, or products discussed in the presentations.

#### Nurses:



AADE is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6.0 contact hours of continuing education credit. AADE is also accredited by the California Board of Registered Nursing.

Provider Number 10977, for 6.0 contact hours.

#### Pharmacists:



AADE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program provides 6.0 contact hours (.60 CEUs) of continuing education credit. ACPE Universal Activity Number: 0069-9999-18-212-L01-P — Effective Date: November 2 2018 to November 2 2019

#### Dietitians:



AADE (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 6.0 Continuing Professional Education Units (CPEUs) for completion of this activity / materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

#### Certified Diabetes Educators:

To satisfy the requirements for renewal of certification for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers (www.ncbde.org). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

Continuing Education (CE) Statements of Credit will be available at the end of the conference for those who meet the requirements.

Planners / Content Reviewers disclose no conflict of interest relative to this educational activity.

Presenter disclosures will be announced during the educational activity.

#### **LEARNING OUTCOME / OBJECTIVES**

Symposium attendees will have increased knowledge of the specified content areas presented and will, therefore, choose at least one concept, practice area, technique, or tool that they will utilize to enhance the care and or education for individuals with or at risk for diabetes.

#### This symposium will enable participants to:

- Describe 'Sugar Surfing' concepts and why these are important in diabetes care and outcomes.
- 2. Utilizing 'Sugar Surfing' concepts, identify appropriate recommendations related to blood glucose patterns, significance, response, and follow-up.
- Discuss how diabetes educators can influence important diabetes-related legislation including policies that may directly impact diabetes outcomes.
- Describe the complicated relationship of eating disorders and diabetes including possible helpful interventions and resources.
- Describe useful tips for assessing and addressing medication adherence that may be utilized by diabetes educators and other health care professionals.
- Describe how the use of storytelling can positively influence diabetes education.

#### **PRESENTERS** LISTED IN ORDER OF PRESENTATION

#### Stephen W. Ponder, MD, FAAP, CDE

Texas Diabetes Educator of the Year 2017

American Association of Diabetes Educators (AADE) National Diabetes Educator of the Year 2018

Pediatric Endocrinologist and Professor of Pediatrics

McLane Children's Hospital

Temple, Texas

#### Kate Thomas, MA

American Association of Diabetes Educators (AADE) Director of Advocacy Chicago, Illinois

#### **Quinn Nystrom, MS**

President and Founder Ospeak National Diabetes Ambassador for Center for Change Brainerd, Minnesota

#### Lourdes Cross, PharmD, BCACP, CDE

Assistant Professor and Ambulatory Care Pharmacist Sullivan University College of Pharmacy Louisville. Kentucky

#### **Michael Davis**

Presentation Skills Coach, Author, and Speaker Blue Ash. Ohio

#### **AGENDA**

**November 2. 2018 Eastern Time** 

Registration / Fyhibits /

7.00 0.00 7 W	Light Breakfast
8:00-8:15 AM	Welcome / Announcements Theresa Renn / Merritt Bates-Thomas

Sugar Surfing Part 1

Stephen W. Ponder, MD. FAAP, CDE 9:45-10:15 AM Break / Exhibits

10:15-11:00 AM **Sugar Surfing Part 2** 

7:30-8:00 AM

8:15-9:45 AM

Stephen W. Ponder, MD, FAAP, CDE

11:00-11:45 AM Influencing Diabetes-Related

**Outcomes Through Legislation and Policies** 

Kate Thomas, MA

Lunch Set-Up / Exhibits / Break 11:45-12:15 PM

12:15-1:00 PM Lunch / Recognition of Industry Allies Council (IAC) / Door Prizes

1:00-2:00 PM Eating Disorders and Diabetes:

A Complicated Relationship Quinn Nystrom, MS

2:00-3:00 PM Think Outside the Pillbox: Assess and Address Medication Adherence

Lourdes Cross, PharmD, BCACP.

CDF

3:00-3:15 PM Breaks / Snacks

3:15-4:15 PM **Using Storytelling in Diabetes** 

> **Education** Michael Davis

4:15-4:30 PM **Questions and Answers /** 

**Evaluations** 

#### **MODERATORS**

#### Theresa Renn, RN, BSN, CDE, MLDE

Manager — Kentucky Diabetes Prevention & Control Program Kentucky Department for Public Health Frankfort, KY

#### Merritt Bates-Thomas, RDN, LD

Volunteer Leader — Kentucky Coordinating Body (KY CB) of the American Association of Diabetes Educators (AADE) Owensboro, KY

#### **HOTEL INFORMATION**

Discounted rooms have been blocked at the

#### **Marriott East**

1903 Embassy Square Boulevard Louisville, KY 40299 502-491-1184

**Hotel Reservation Deadline:** 

October 1, 2018 by 5 pm eastern time

1-800-228-9290

**\$116 King \$126 Two Queens** 

Ask For: 2018 Kentucky Diabetes Symposium

After October 1st, reservations accepted at a discounted rate ONLY if space is available.

### **Industry Allies Council (IAC)**

(updated ongoing with new registrations)

The Kentucky Statewide Diabetes Symposium committee wishes to acknowledge our Industry Allies Council (IAC). Participation in the Council illustrates dedication to the professional community of diabetes educators and the state diabetes symposium. IAC provided through unrestricted monies

#### **Platinum**

To Be Announced

Gold

To Be Announced

#### Silver

To Be Announced

**Bronze** 

To Be Announced

#### Think Blue. Wear Blace.

Wear Blue to the Symposium to be eligible for a "special door prize" in recognition of:



world diabetes day