Can Happen Anytime, Anywhere

They can be caused by severe weather or damage to utility poles or power lines.

What to Know

- Do you have an emergency plan?
- Should you evacuate or shelter in place?
- Can you manually operate power-driven doors?

Get Ready

- First aid supplies
- Food
- Bottled water
- Battery-powered radios
- Flashlights and batteries

What to Do

- Report outage
- Shut off computers and other equipment
- Keep refrigerator doors closed
- Switch a light "on" to indicate power's restored
- If air conditioning is off, drink fluids to stay cool
- If the heat is off, add clothing layers to keep warm
- On summer days, close drapes or blinds to keep heat out
- On winter nights, close drapes or blinds to keep heat in

When Power is Back On

• Wait about 10 minutes before turning electronics on



During the largest blackout in U.S. history (New York, NY 2003), mortality increased 28% for accidental deaths.*

For more information on this and other safety topics, visit the member-exclusive website at **nsc.org**

* Source: National Institute of Health, U.S. National Library of Medicine, 2013

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