



Possible Conditions

[Senioritis](#)[Excessive caffeine use](#)[Depression \(post spring break\)](#)

Graduitis Overview

Graduitis is a crippling disorder that strikes college seniors during the spring of their final semester. It is the progressive stage of senioritis, a similar, but less severe disorder. It can happen after four...or maybe five, years of studying, working, leading, serving the community, and engaging in social activities at college. People with graduitis may have trouble attending class, completing assignments on time and with as much enthusiasm as did prior to contracting senioritis and graduitis, and have anxiety about life post-graduation. They treat their condition with social activity, extracurriculars, applying for jobs, reminiscing, counseling, eating, crying, blogging, whining, and most of all, sleeping. The only known cure for gaduitis is a phenomenon known as graduation, or commencement, which is to occur May 3, 2014.

Graduitis

Progressive stage of Senioritis,
Post-traumatic Spring Break
Disorder (PTSD)

Graduitis Symptoms

✓ Symptoms you chose:

- ✓ Lack of motivation
- ✓ Sense of impending doom
- ✓ Sadness
- ✓ Anxiety
- Agitation
- Dismissive attitude
- Drowsiness
- ✓ Easily distracted by Buzzfeed
- ✓ Feelings of 'Eh, screw it'
- Flashbacks to freshman year
- Frightening thoughts of moving back home
- ✓ Food cravings
- Forgetfulness of homework
- Craving "beverages"
- Impulsive behavior
- Mood swings
- ✓ Laziness
- Poor concentration
- ✓ Repeated absences

Worsened by

Bad weather, or beautiful weather...
okay, any weather at all, makes it
more severe.
Lining up a job before graduation
may cause excessive bouts of
graduitis.

Fact

About one-third of people who have graduitis don't ever fully recover from the condition. Sike! You'll be fine.

How Common

About 8 in 10 seniors contracts the acute stage of graduitis, especially upon returning from spring break. It affects everyone; regardless of sex, age, height, race, etc.

Treatment

Treatment for graduitis may include:

- Socializing
- Working out
- Reminiscing
- Cuddling with puppies
- Procrastination
- Netflix

Diagnosed by

The student him/herself, peers,
colleagues, or professors.