

# Large-scale breath metabolomics by two-dimensional gas chromatography (GCxGC)



EMBER



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**Optimisation of a high-throughput method for breath analysis by thermal desorption combined with flow modulated comprehensive two-dimensional gas chromatography with dual flame ionisation and quadrupole mass spectrometric detection (TD-GCxGC-FID/MS).**

## Context

- GCxGC affords unparalleled separation power over conventional GC-MS (Figure 1).
- GC-MS is still considered 'gold standard'.
- Previous GCxGC breath studies are small scale or involve use of expensive detectors and modulators with high consumable costs.

## Aims

Provide clinical and analytical researchers with a method that makes breath analysis by GCxGC a routine/high-throughput, cost-effective and reliable option for large scale biomarker discovery.

## Study

- East Midlands Breathomics Pathology Node (EMBER).
- Established UK breathomics centre, developing in-clinic analytical technologies.
- Discovery of biomarkers in breath in patients presenting with undifferentiated acute breathlessness.

## Methods

- Patients were recruited with self-reported acute breathlessness. Indicator diagnoses of interest were asthma, COPD, pneumonia and heart failure.
- Breath samples were collected at 448 patient visits, using the ReCIVA breath sampler (Owlstone Medical). ×1 breath, air supply, room air per patient.
- Sorbent tubes were dry purged, spiked with internal standard and analysed by TD-GCxGC-FID/MS at the University of Leicester, UK.
- Instrumentation included a thermal desorption autosampler coupled to a GCxGC with flow modulator and purged splitter plate, with dual FID and qMS (Figure 2).

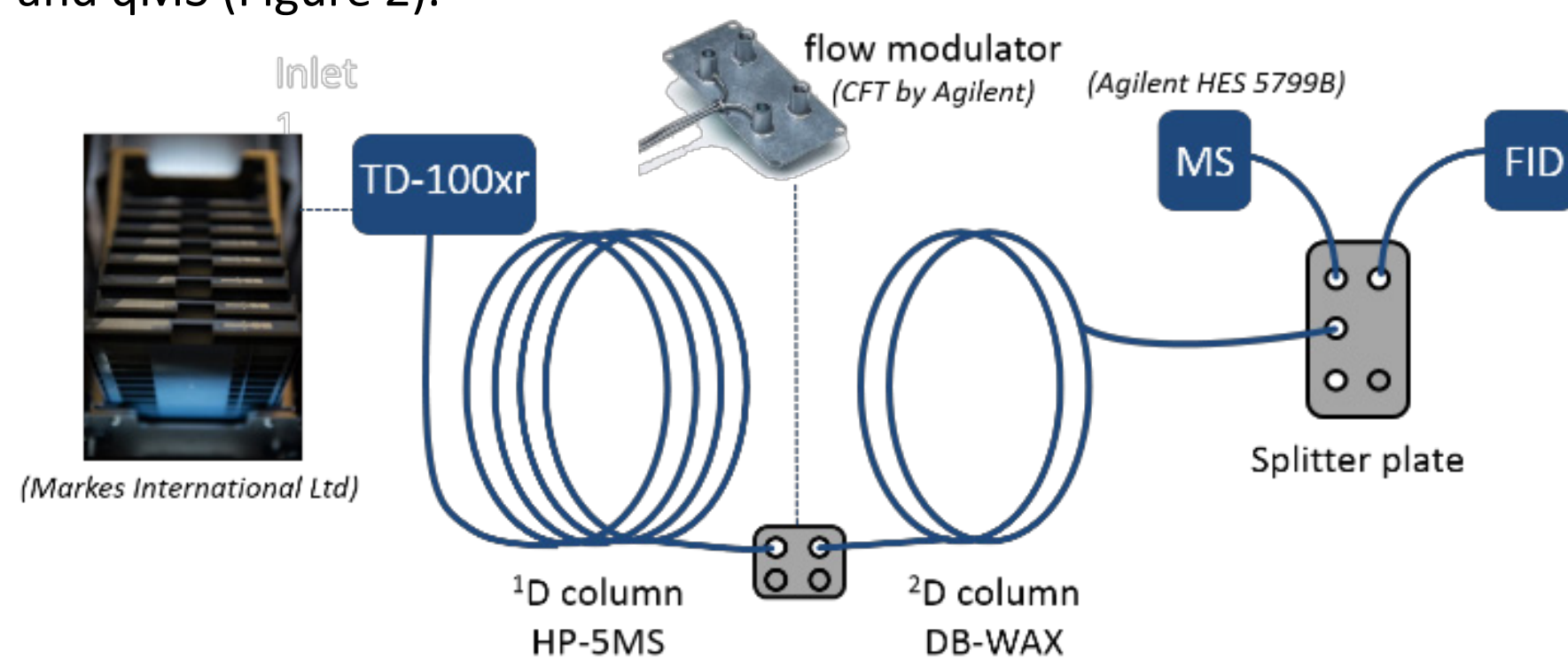


Figure 2: Analytical setup showing thermal desorption autosampler with flow modulation comprehensive two-dimensional gas chromatograph coupled to a splitter plate for dual flame ionisation and mass spectrometric detection.

Samples were analysed in batches with regular trap blanks and multi-component reference mixtures to monitor retention behaviour, separation and detector response.

- 6 D<sup>2</sup> phases were tested
- Stabilwax, Rtx-200, Rtx-5MS, Rtx-1MS, BPX-50 and SLB-IL111.

Flow modulation was achieved using a microfluidic device based on Agilent's capillary flow technology.

## Results

Full method development included optimisation of D<sup>1</sup> and D<sup>2</sup> flow rates, modulation period (P<sub>M</sub>), load and flush times, D<sup>2</sup> stationary phase and column lengths. For example, optimal load time was 0.220 s, ±50 ms resulted in significant peak fronting and tailing (Figure 3).

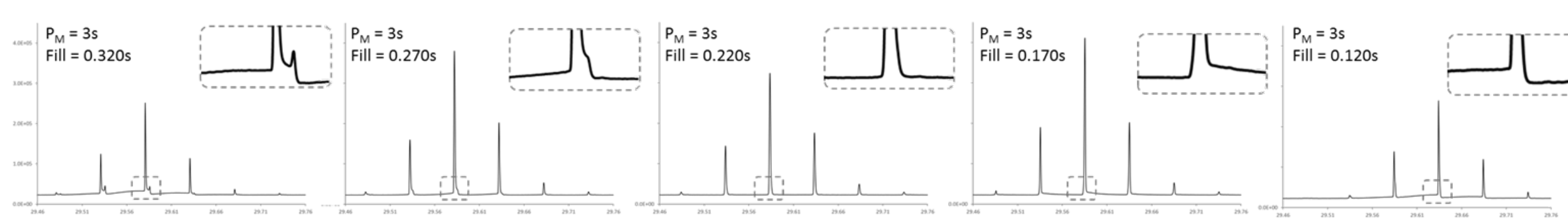


Figure 3: 1D representation of modulated peaks of  $\alpha$ -pinene showing the effect of modulation and flow parameters on peak shape. Effect of load and inject time on modulated peak shape.

- Reference mixes were used to monitor column degradation.  $\Delta^2t_R$  gradually increased with initial  $^2t_R$  e.g.  $m = -0.00023$  decane to  $m = -0.01194$  anthracene, as expected within an orthogonal system (Figure 4).

This informed when to replace D<sup>2</sup> columns, for chromatographic alignment and for retention indices.

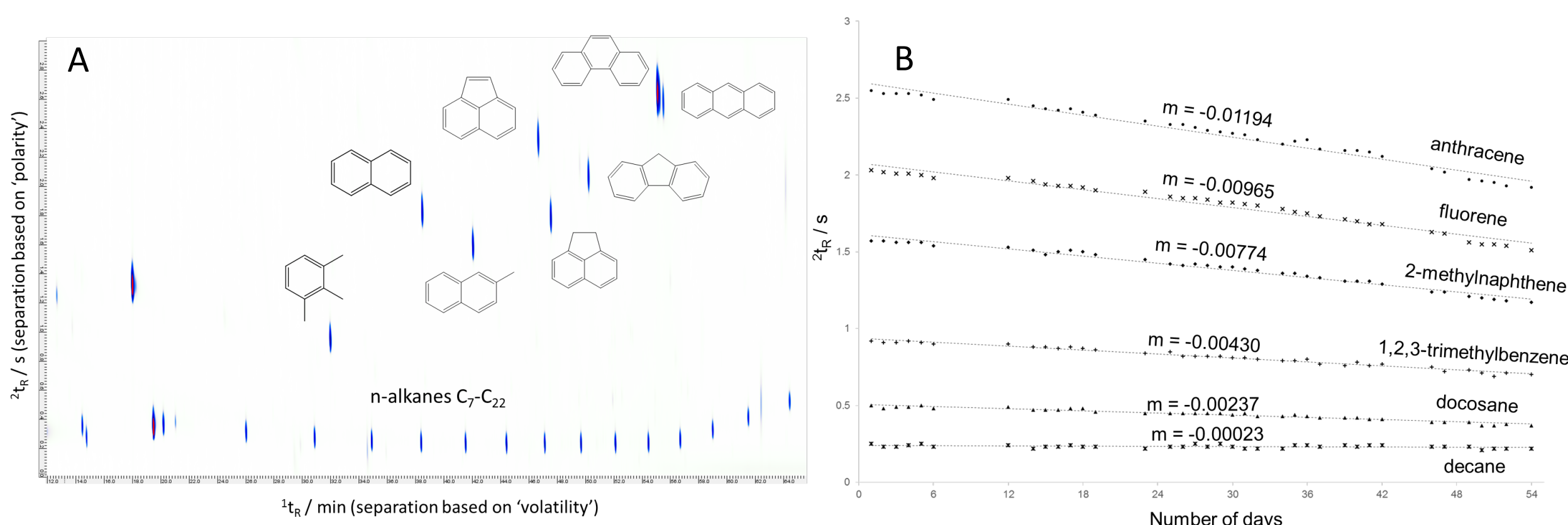


Figure 4: (A) 2D chromatogram of n-alkane and aromatic mixture. (B) Change in  $^2t_R$  over two months.

Figure 5 shows the separation of breath VOCs by GCxGC using the optimised method. Few published GCxGC chromatograms exist which clearly depict

- excellent separation of the complex breath matrix,
- underlying chromatogram structure (ordering of chemically related compounds),
- the types of groups present and relative abundances.

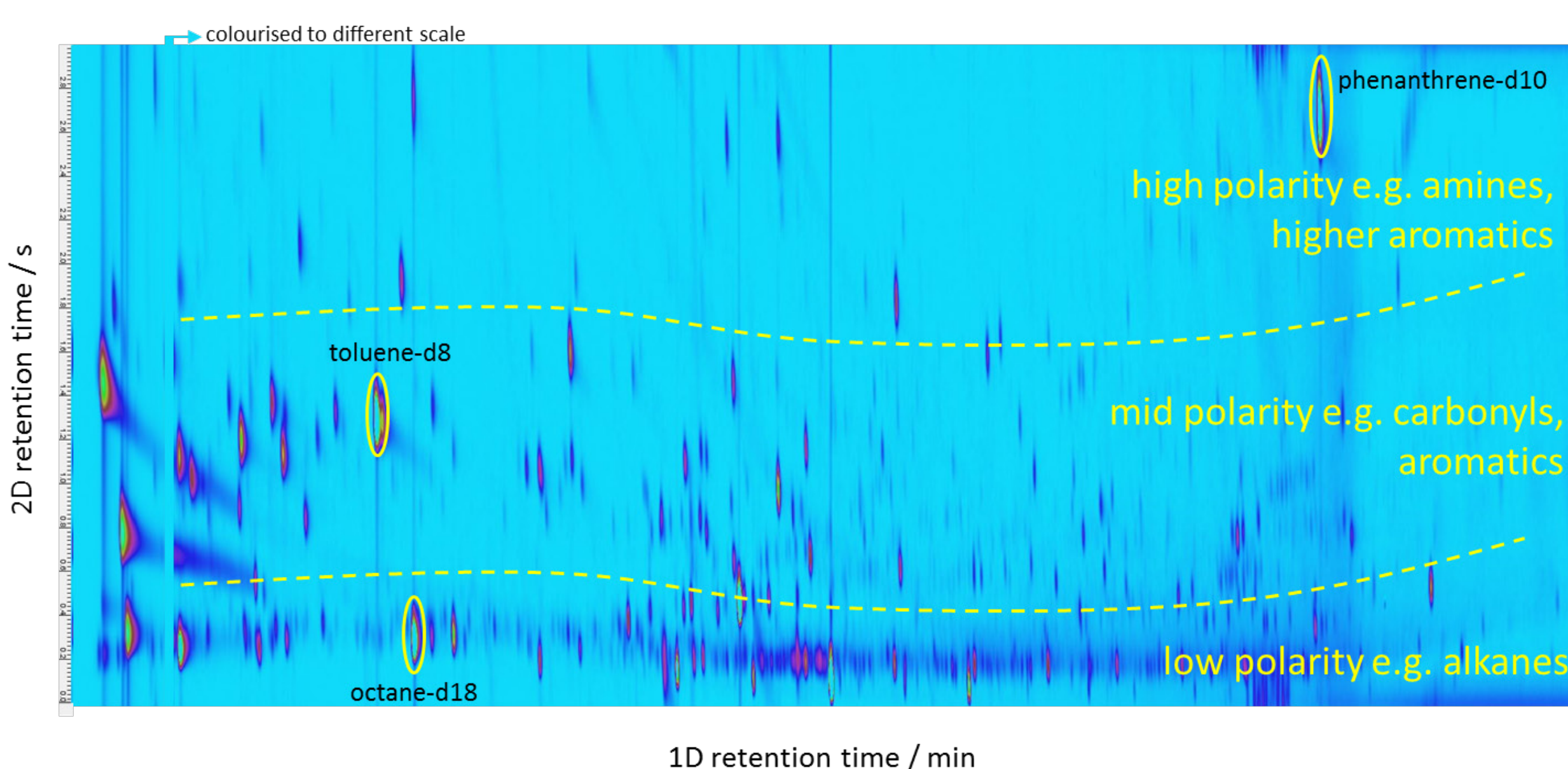


Figure 5: GCxGC chromatogram colour plot showing separation of hundreds of VOCs in breath.

- Reliable flow modulation removes the cost and complications experienced with thermal modulation.
- FID was compatible with high D<sup>2</sup> flow rates and provided high acquisition rates and dynamic range.
- Supported by a fast scanning qMS replaced the need for an expensive spectrometer.

## Conclusions

- Optimised GCxGC method provides highly resolved chromatographic data.
- Collection protocol and automated analysis clinically viable and meets large recruitment targets.
- Low cost flow modulator and qMS makes advanced technique accessible.
- Demonstrates potential of GCxGC for routine breath analysis for large scale metabolomics studies.