

Show Up Skill Up

in Health and Social Care



Lancashire
Adult Learning

Kick-start your career with our drop in workshops available in the mornings and afternoons throughout June and July. You can select one workshop or a variety of different sessions, depending on what you want and need. Then choose whether you would like to study at one of our venues or from the comfort of your home.

Develop your knowledge and skills, to build the CV you need, for the career you want!

You can select one workshop or a variety of different sessions, depending on what you want and need.

Workshops available in:

- Introduction to Autism
- Introduction to Learning Disability
- Introduction to Dementia
- Introduction to ADHD
- Mental Health Awareness
- Protection and Safeguarding
- Emotional Resilience
- Drug and Alcohol Awareness
- Infection Prevention and Control
- Health & Safety in the workplace
- Understanding Stress
- Understanding Anxiety
- Understanding Depression
- Understanding Eating Disorders

Plus many more!

Drop in workshops available at:

Waterside

St James Court West, Accrington
BB5 1NA

Mondays

9.30am - 12.30pm and 1pm - 4pm

Tuesdays

9.30am - 12.30pm

Northlight

Glen Way, Brierfield, BB9 5NH

Thursdays

9.30am - 12.30pm and 1pm - 4pm

Fridays

9.30am - 12.30pm and 1pm - 4pm

Interested?

Email admin.lal@nelsongroup.ac.uk
or call **0333 003 1717**

**Workshops
available to
study at home
or in a venue
near you!**

Courses may be free depending on your eligibility. Get in touch to find out more.

📞 **0333 003 1717** 🌐 www.lal.ac.uk

