

Would you like to  
live and work in  
**England?**

The NHS is looking for GPs to work in the areas of  
**SUSSEX AND EAST SURREY**

# INTRODUCTION

The National Health Service in England is running an international recruitment campaign for family doctors. In England these are called General Practitioners or GPs. We plan to recruit around 2,000 GPs from overseas by 2020. They will work alongside GPs we train in England to develop an exciting range of health services away from hospitals and in local community settings.

This brochure explains the importance of GPs in providing healthcare to our population. It tells you about the application process and what to expect when you apply. We are recruiting GPs for many areas across England. This brochure gives you an idea of the benefits and opportunities available to you if you choose to work in **Sussex and East Surrey**.

## WHY WORK AS A GP IN ENGLAND?

GPs in England are the foundation of the NHS. They are usually the first person a patient turns to for help and they deal with a whole range of health problems. They are general experts in the whole field of medicine for adults and children. They manage the healthcare of all their patients, including acute illness, long term conditions and mental health problems.

GPs usually work in practices, often leading teams which include nurses, healthcare assistants, practice managers, receptionists and other staff. Practices also work closely with other healthcare professionals, such as health visitors, midwives, pharmacists, physiotherapists, mental health services and social care services.

GPs provide continuing medical care for patients in the community or they will refer patients to hospital clinics for further assessment or treatment by specialists. Nine out of 10 NHS patients are seen in English general practice, and nearly nine out of 10 patients rate their experience of their GP practice as good. Because GPs often lead the continuing development of the NHS in England, we are investing an additional £2.4bn a year into general practice by 2021. The money is being used to recruit more doctors and other healthcare professionals, improve buildings and extend the use of information technology so general practice can offer more and better services to meet people's needs.

Any GP recruited under the international recruitment programme and working in the UK before 29 March 2019 will be able to stay and enjoy the same rights and benefits as now and qualifications of EU doctors will continue to be recognised if they were obtained before 29 March 2019. Recruitment will go beyond March 2019 and while we do not know details of a future immigration system yet, we will make clear how it applies to this programme as soon as possible.

Many GPs choose to work in England because of the attractive salaries and benefits. But the work offers much more: the chance to extend your clinical experience as part of a team of 1.2 million NHS employees, all of whom are proud to work for a 'national treasure' and many of whom have come to England from across the globe.

# GENERAL PRACTICE IN ENGLAND

- If you choose to apply to work as a GP in **Sussex and East Surrey** you will be supported with dedicated training programmes, help with meeting language requirements and in meeting the standards of the national Induction and Refresher (I&R) Scheme.
- You will have an opportunity to meet with staff from the recruiting practices and to learn more about them and the local areas. This will help you and the practices decide if this is the best place for you to live and work.
- Practices involved in this recruitment scheme will be offering attractive and competitive salaries.
- You and your family will be offered help to relocate to the area and continued support while you settle into your new community.

## THE CANDIDATE PROCESS

If you apply to be a GP in England this is the application process you will follow:

### STEP

1

An initial conversation in your own country with the recruitment agency for the area you are interested in working in and some background checks (including police checks).

### STEP

2

You will be asked to take an English test organised by the recruitment agency. The agency will use the International English Language Testing System (IELTS) or the Occupational English Test (medicine version) proficiency test for people wishing to study or work in English speaking countries.

### STEP

3

You will have an interview in your own country by Skype. You start your registration with the General Medical Council (GMC). The GMC is the organisation which sets standards for doctors in the United Kingdom. You need to be registered with the GMC and be on the GMC's GP Register to work as a GP in England. You will be invited to complete a self-assessment to help identify any training needs.

### STEP

4

You visit your chosen area to find out more about where you will be working and to meet other international GPs. You will have a second interview and an assessment of your learning needs.

### STEP

5

Once you pass your second interview you will be able to join the programme. You will be allocated to a GP practice within the region.

### STEP

6

You will be provided with a minimum of three months of training and observation in your employing practice to prepare you for the I&R assessments and improve your English language skills. You will then spend a minimum of six months treating patients with supervision and support from a senior GP at your practice.

# THE NHS OFFERS A

## COMPETITIVE PAY PACKAGE FOR GPs

Once you have gained entry to the National Medical Performers List without conditions you can expect to earn a salary of between £68,000 and £72,000 per year. This salary is the same across all parts of the NHS in England excluding London where you will receive additional funds to help with the increased living costs there, known as London weighting.

Alongside your salary there are many other financial benefits including paid maternity and paternity leave, parental and carers leave.

## THE NHS IN ENGLAND

The National Health Service was founded in 1948, based on the principle that good healthcare should be available to all, regardless of wealth.

With the exception of some charges, such as prescriptions, optical services and dental services, the NHS in England remains free at the point of use for all UK residents.

In 2014, the Commonwealth Fund declared that in comparison with the healthcare systems of 10 other countries (Australia, Canada, France, Germany, Netherlands, New Zealand, Norway, Sweden, Switzerland and the US) the NHS was the most impressive overall. The NHS was rated as the best system for its efficiency, safety, effectiveness, co-ordination and patient-centred care.

The NHS covers

**54.3M PEOPLE**

in England



It deals with more than

**1M PATIENTS**

every 36 hours



The NHS employs

**1.2M PEOPLE**



And has more than

**40,500 GPs**







LIVING IN...

# SUSSEX AND EAST SURREY

Rolling hills, vibrant cities, fantastic coastline and rich history, Sussex and East Surrey are sought after places to live and work



# HEALTH SERVICES IN SUSSEX AND EAST SURREY

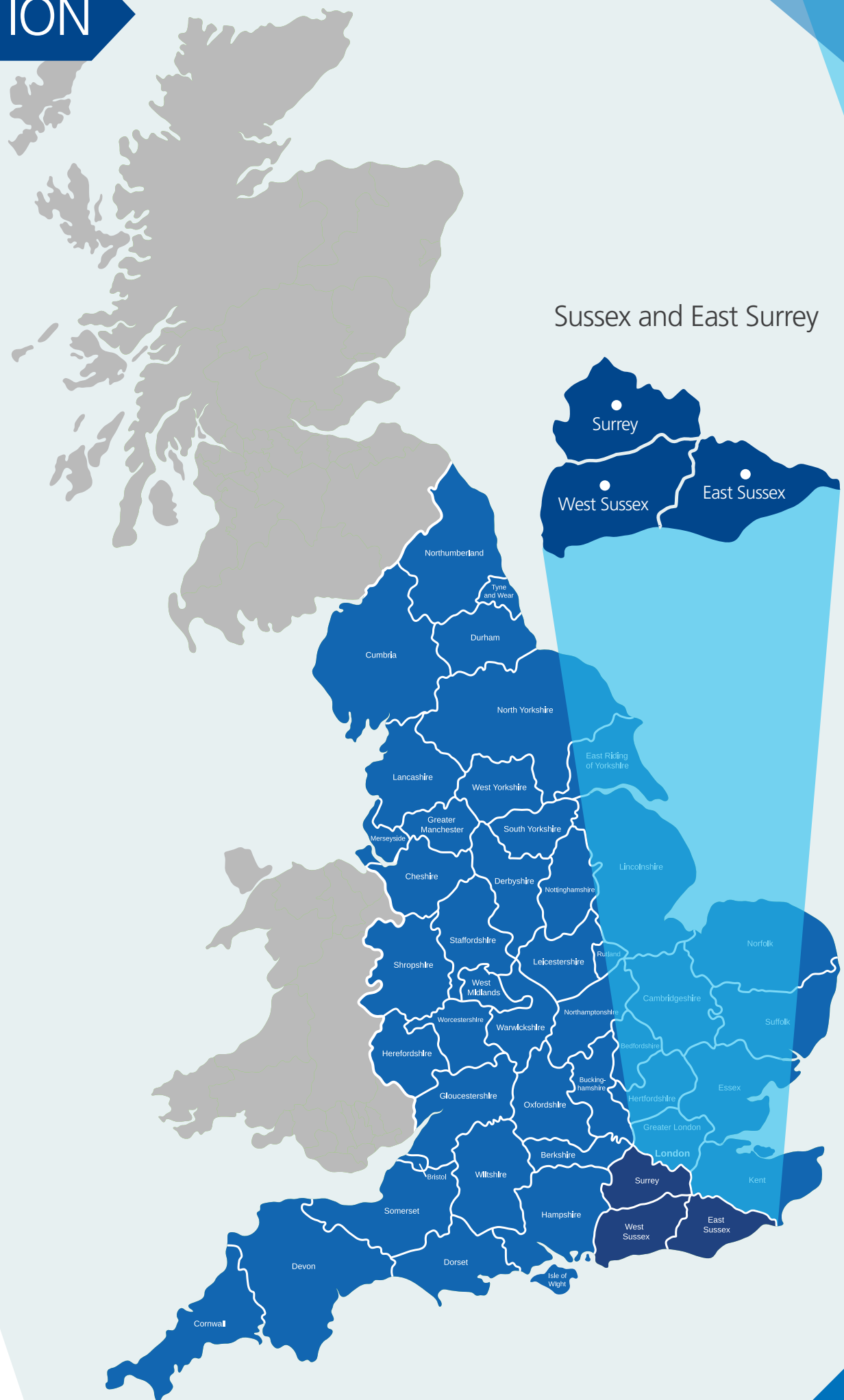
There are 24 organisations which plan and deliver health and care services across Sussex and East Surrey. Together they make up Sussex and East Surrey Sustainability and Transformation Partnership (STP).

The Partnership wants to do more to prevent illness, support people to manage existing health conditions and to stay independent. One of its priorities is to develop more community-based services, helping people to stay well closer to home.

The major healthcare providers are Brighton and Sussex University Hospitals NHS Trust, East Sussex Healthcare NHS Trust, Surrey and Borders Partnership NHS Foundation Trust, Queen Victoria Hospitals NHS Trust, Sussex Community NHS Trust, Sussex Partnership NHS Foundation Trust, Surrey and Sussex Healthcare NHS Trust, Western Sussex Hospitals NHS Trust.



LOCATION





## EAST SURREY

Located close to London, East Surrey is a green and peaceful area. It is steeped in history, with historic towns and villages, country pubs and an excellent range of attractions.

### HORLEY

Horley is a small but busy town of 20,000 people half way between London and Brighton. It has great transport connections, with regular trains and coaches to most major cities and is near to Gatwick Airport.

Horley has a number of restaurants offering a variety of different cuisines, as well as its own theatre.

### OXTED

Oxted is an attractive and bustling town only half an hour from London by train. It has a wide variety of restaurants, a cinema, supermarkets, pubs and a community theatre. For those who enjoy outdoor activities, the Greensand Way and North Downs Way walking paths are easily accessible.

### REIGATE

Reigate is a bustling town close to Gatwick Airport. At its heart is the award-winning Priory Park with children's play area, tennis courts, skate park, woodland and lakes.

The town offers a range of entertainment, including cinemas, hidden underground tunnels and caves, Reigate Castle, and a wide selection of historic pubs and restaurants.

### REDHILL

Redhill is a thriving town at the foot of the North Downs. The town blends old and new, with a combination of attractive Victorian buildings and modern architecture.

Entertainment includes a cinema, a theatre and a number of bars and restaurants. The London to Brighton veteran car run passes through the town each year.





## EAST SUSSEX

With its rolling hills, vibrant cities, fantastic coastline and rich history, Sussex is a sought-after place to live and work. The area has long been noted for its independent identity and its cultural history is reflected through its celebration of art and music.

### BRIGHTON AND HOVE

Brighton and Hove is a vibrant and exciting multicultural city by the sea renowned for its celebration of the arts. Famous landmarks include Brighton West Pier, Brighton Palace Pier, the Royal Pavilion and the Marina. The city is home to the University of Sussex, the University of Brighton, and Brighton and Sussex Medical School so has an energetic student population.

Brighton and Hove hosts a Premier League football team and some of the country's largest art festivals – for example, the Brighton and Hove Pride Parade in August which welcomes everyone to join its celebration of equality, arts and culture, reflecting its reputation as a relaxed and welcoming city. The city is generally more expensive than nearby towns. However, there are a variety of housing options with some quieter, more affordable areas and many people moving to the city from London. This diverse and friendly city offers a metropolitan lifestyle with all of the benefits of living by the sea and countryside of the South Downs.

### EASTBOURNE

Eastbourne was first recognised as a popular seaside town in the 19th century for its beautiful beaches and cliffs. The town has five theatres and hosts numerous events, including the Aegon International Eastbourne tennis championships, Airbourne Air Show, Magnificent Motors classic car show and Eastbourne extreme sports festival. Eastbourne is a great family location, with a wide selection of large, affordable Victorian homes. The town has lots of children's activities including amusement parks, a zoo, an adventure playground and a swimming pool.

### HASTINGS

Hastings became a popular seaside resort in the 19th century. Today, it has many attractions which reflect its history and relationship with the sea. You can explore St. Clements Caves, used by smugglers in the 18th century, see the ruins of William the Conqueror's first English castle, visit the Shipwreck Museum and the aquarium, or enjoy the annual arts and food festivals.

It is one of the cheaper and quieter towns in Sussex, ideal for those who prefer a seaside location with a more peaceful atmosphere.

### LEWES

Lewes is a picturesque town with quaint shops and Saxon lanes (known as Twittens). The town is home to the ruins of Lewes Priory, Lewes Castle and one of the homes of Anne of Cleves, Henry VIII's fourth wife. Lewes is also the UK's bonfire capital, with an annual celebration on 5 November involving costumes, parades and fires.



## WEST SUSSEX

### CRAWLEY

A lively, large town, it is home to superb sporting and leisure facilities including Tilgate Forest, one the best public golf courses in England. Other attractions include the Hawth Theatre featuring everything from West End theatre hits to comedy nights.

### CHICHESTER

Nestled at the foot of the South Downs, the historic city of Chichester is enclosed by its original Roman walls and dominated by its beautiful thousand year-old cathedral.

North, South, East and West Streets are the prime shopping areas. Here you will find gift, book, fashion and antique stores and some high street favourites.

The city sits on Chichester Harbour, which is an Area of Outstanding Natural Beauty. It is a wildlife haven and a perfect place for sailing and boating.

Art and cultural lovers will be spoilt for choice. The Novium is a state-of-the-art museum, large-scale musical and theatrical productions are hosted at the Chichester Festival Theatre and you can see a fine collection of modern British art at the Pallant House Gallery.

### EAST GRINSTEAD

East Grinstead is an ancient market town with a wealth of architectural heritage, surrounded by some lovely countryside.

The town sits on the edge of Ashdown Forest and is home to the famous Bluebell Steam Railway.

### HAYWARDS HEATH

The town of Haywards Heath is in the heart of Sussex with a wide variety of shops, cafés and restaurants. Its popular Clair Hall venue offers year-round entertainment including a comedy club.

Victoria Park and Beech Hurst Gardens are great places to relax, enjoy a picnic or listen to a concert. A few miles to the north, the South of England Showground hosts major shows and events.

### HORSHAM

Set in outstanding parkland and beautiful countryside this market town with its continental al fresco style centre, is a lovely place to shop, visit local attractions and eat out.

Horsham has been a bustling market town for centuries and still enjoys thriving markets. In September the town hosts a month-long food and drink festival.

There's also the magnificent Horsham Park, regularly-changing exhibitions at Horsham Museum and performances to be enjoyed at its Capitol theatre. For a relaxing day out you can enjoy bird watching at Warnham Nature Reserve.

### LITTLEHAMPTON

Two award-winning beaches, the beautiful River Arun and a large seafront make Littlehampton a popular destination for all.

Highlights include the Stage by the Sea, East Beach Café, the architect designed 'Britain's Longest Bench' and an extensive programme of cultural events.

### WORTHING

Just 90 minutes from London and 20 minutes from Brighton, this traditional seaside town, with its beautiful beach and famous pier, has something for everyone.

Today, it is a happy mix of traditional and contemporary where you can watch a film in one of the oldest working cinemas in the UK, tuck into a traditional cream tea, pop into a micro pub or buy some art from a beach hut.



## CULTURE / ENTERTAINMENT

The beautiful landscape of Sussex and East Surrey has inspired generations of artists and the area has a broad range of galleries. The iconic modernist De La Warr Pavilion at Bexhill-on-Sea exhibits modern art, as does the Jerwood Gallery, located in Hastings.

Historical sights and museums include the Fishbourne Roman Palace at Chichester, the largest residential Roman building discovered in Britain, while the Wings Museum in Balcombe and Tangmere Military Aviation Museum reflects the role that the area played in aerial combat in the Second World War.

For music and theatre you can see top bands at the Brighton Centre, West End shows at the Theatre Royal and world music, opera and ballet at the Brighton Dome.

## EDUCATION

Full-time state education is available for 5-18 year olds and part time nursery places for 3-4 year olds. There are also independent schools, such as Epsom College in Surrey and Ardingly College in Sussex, Bellerbys College Brighton, Brighton and Hove High School GDST, Brighton College, Roedean School, The Dharma Primary School, Windlesham School and Eastbourne College.

There are a number of higher education institutes in Sussex and Surrey, including the University of Sussex, University of Brighton, University of Chichester, Sussex Coast College Hastings, Plumpton College, Brighton and Sussex Medical School, University of Surrey, Royal Holloway, Guildford College, East Surrey College and NESCOL, a further education college in Epsom.

## TRANSPORT

### ROAD

The A23/M23 connects West Sussex and London Gatwick Airport to London and the M25 London Orbital, linking the south of England to the Midlands, the South West and the north of England. The A27/M27 links coastal urban centres with Brighton and Hove, Southampton and Portsmouth.

### RAIL

There are direct rail links between many places including London, London Gatwick Airport and other major commercial centres. There are also excellent rail links between towns and cities along the coast.

### AIR

London Gatwick Airport is easily reached from Sussex and East Surrey. From Gatwick you can fly to 200 destinations in Europe, Asia, Russia, USA, Africa and Australasia. London Heathrow Airport is easily accessible by road and rail. It is one of the world's busiest airports, flying 70 million passengers a year to 180 destinations in 80 countries worldwide. Southampton Airport has regular flights to a wide range of European destinations.

### SEA

Newhaven, Portsmouth and Southampton ports are all easily reached and provide regular passenger sea crossings to France.

## WEATHER

Sussex and East Surrey can be subject to cold spells in winter and hot, humid weather in summer. Temperatures can dip below 0°C in the winter but then reach more than 30°C in the summer. During spring and summer, coastal areas can be affected by sea breezes, which result in lower maximum temperatures than further inland.

## MORE INFORMATION

If you would like more information about our international recruitment programme or about living and working in **Sussex and East Surrey** the following websites will be useful:

Sussex and East Surrey STP – [www.seshealthandcare.org.uk](http://www.seshealthandcare.org.uk)

Love Sussex – [www.lovesussex.com](http://www.lovesussex.com)

Visit Surrey – [www.visitsurrey.com](http://www.visitsurrey.com)

**NHS ENGLAND'S PARTNERS:**



Royal College of  
General Practitioners

General  
Medical  
Council



**BMA**



Health Education England

**FOR MORE INFORMATION PLEASE VISIT:**

[www.england.nhs.uk/igpr](http://www.england.nhs.uk/igpr)

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