



## VOLUNTEERS SPECIAL

We're dedicating this newsletter to all of our amazing WHH Charity volunteers, without whom we would not be able to carry out all of the vital work that we do.

You'll hear from some of them about their experiences as volunteers, why they love what they do and how they personally have made a difference to patients and their families.

### VOLUNTEER SPOTLIGHT: MEET OUR VOLUNTEERS

#### MEET PAM! SHE HAS BEEN VOLUNTEERING WITH US FOR 4½ YEARS.

**Q: What positive impact has volunteering had on you personally?**

A: Becoming a volunteer has been really good for me, actually. It has made me get out and make new friends, which I wouldn't have otherwise had the opportunity to do. Also, when you live on your own, you sort of lose the ability to talk to people, so it's been great for that too - and as you can see I talk quite a lot now!

[CLICK HERE to read Pam's full interview](#)



- Pam Pollard

#### THIS IS JOHN. HE VOLUNTEERS IN THE PROJECT WINGMAN LOUNGE.

**Q: Do you have any memorable moments from your time as a volunteer?**

A: Being thanked by a patient's family for looking after their mum so well.

**Q: What would you say to someone who has considered volunteering but never actually taken the plunge?**

A: Take the plunge! The water is lovely.

[CLICK HERE to read John's full interview](#)



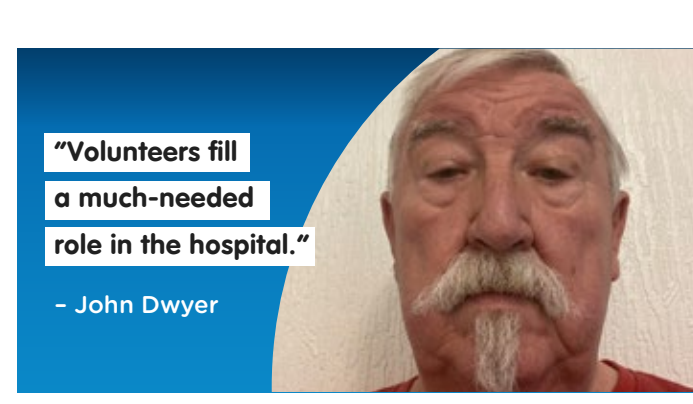
- John Dwyer

#### AND CAROLE! SHE HAS BEEN WITH US FOR 3 YEARS IN TOTAL.

**Q: What do you enjoy about your role?**

A: I enjoy being part of a small, friendly team who are fun to be with and passionate about what they do. I like the variety of activities I get involved in, in particular visiting community groups to talk about the charity, and getting involved in special charity events.

[CLICK HERE to read Carole's full interview](#)



- Carole Baker

#### JEN HAS ALSO BEEN VOLUNTEERING IN THE PROJECT WINGMAN LOUNGE FOR 4 MONTHS.

**Q: Why did you become a WHH Charity volunteer?**

A: I decided to become a volunteer after my husband was treated in both Halton and Warrington hospitals. I saw the dedication of all the people involved and volunteering is my way of showing appreciation for the hospital staff who took care of him.

[CLICK HERE to read Jen's full interview](#)

### BECOME A WHH Charity VOLUNTEER!

We're always on the lookout for people just like you to join our amazing team of volunteers. You will have the opportunity to meet like-minded people, learn new skills and maybe even put a smile on someone's face.

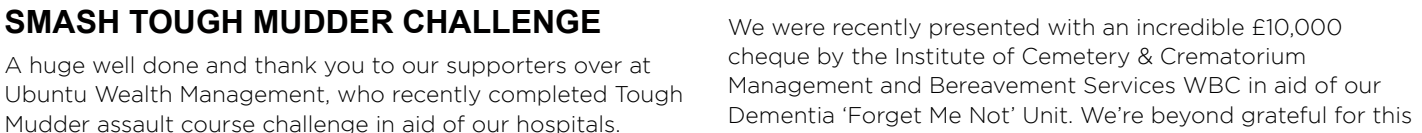
[CLICK HERE TO VISIT OUR WEBSITE AND FIND OUT MORE](#)

### OUR CORPORATE SUPPORTERS



#### UBUNTU DIAMONDS & WARRINGTON BNI SMASH TOUGH MUDDER CHALLENGE

A huge well done and thank you to our supporters over at Ubuntu Wealth Management, who recently completed Tough Mudder assault course challenge in aid of our hospitals.



#### A VERY SPECIAL DONATION FROM ICCM UK

We were recently presented with an incredible £10,000 cheque by the Institute of Cemetery & Crematorium Management and Bereavement Services WBC in aid of our Dementia 'Forget Me Not' Unit. We're beyond grateful for this incredibly generous donation.

We rely on support from local businesses to help achieve our fundraising goals. There are several ways that business and corporations can support our charity.

By supporting WHH Charity you will gain invaluable exposure for your business and receive tailored support for all your fundraising activities.

[CLICK HERE TO FIND OUT MORE](#)

### JOIN OUR CORPORATE SUPPORTERS!

### FUNDRAISING SUPERSTARS



#### WHH CONSULTANT JAMES MELLING RAISES £4000 THROUGH CYCLING CHALLENGE

One of our very own Consultants, James Melling, along with friends Jim and Martin, recently smashed their 1035-mile bike ride from Land's End to John o'Groats in aid of our hospitals.

"Thank you to all who donated. It really made a difference and kept me going on the tough days when I was sore, when the weather was rubbish and when we still had many miles to go, despite already being in the saddle for hours. I wasn't going to let WHH Charity down!"

"I would also like to say thank you to all my patients and colleagues who inspired me to do this challenge, as well as Andy, our support man from Yellow Jersey Cycling Holidays, Martin and Jim for sharing the experience, and lastly (but most importantly) to my wonderful wife for putting up with all my cycling chat for the last 6 months - you are no longer a cycling widow!"

[You can read the full story by clicking HERE](#)

### HOW YOU CAN SUPPORT WHH



#### CALL TO ACTION: CRAYONS NEEDED FOR CHILDREN'S WARD

Jill Holland, WHH Children's Ward Play Specialist, is making a shout out for some colouring crayons, pens and felts for our young patients.

In present times each patient is taking home these items and we are in need of building up our stock.

Please donate so that we can purchase these materials by clicking [HERE](#), or drop items off at the Charity Community Hub at Warrington Hospital or the Central Office in Halton Hospital.



#### FUNDRAISING

There are so many ways in which you can become involved and support WHH Charity, from a sponsored walk/trek to a skydive! If you would like more information on how you can fundraise and support our patients and staff why not contact us? Give us a call on 01925 662666 or drop us an email [whh.charity@nhs.net](mailto:whh.charity@nhs.net) Would you like to start fundraising? [CLICK HERE](#).



#### BOREDOM BUSTERS

Having suspended visiting across almost all wards in response to national guidance, the hospital is appealing for items to support patients through the long days without visitors. Many of our patients on the wards are finding that the days are very long and drawn out. If you would like to donate any games click here. We also have an Amazon Wishlist which you can access by [CLICKING HERE](#)



#### LITTLE EXTRA CARE

We are in need of non-perishable foods and toiletries for our patients. The items support the hub in providing a basic 'starter-pack' for patients being discharged home. If you would like to provide goods drop us an email [whh.charity@nhs.net](mailto:whh.charity@nhs.net). We are also supporting patients with clothing, by donating £10 you can help patients feel more comfortable during their stay - [DONATE HERE](#)



#### SMALL CHANGE

This is an easy way for you or your business to passively raise funds for your local hospitals. Should you or your business wish to collect small change in aid of WHH please contact the team [01925 662666](tel:01925662666) to further discuss the process for sending you a Collection Box or Home Money box.



#### CREATE AN ONLINE TRIBUTE PAGE FOR A LOST LOVED ONE

Creating a personal tribute page in memory of a loved one is an extremely valuable way to celebrate and remember their life. You can create a space where you, your family and friends can share precious memories.



### WAYS TO PAY

Did you know that you can donate to WHH Charity in many ways, including cheque and bank transfer?

[CLICK HERE TO FIND OUT MORE](#)

### MAKE A DONATION MAKE A DIFFERENCE



[whh.charity@nhs.net](mailto:whh.charity@nhs.net)



01925 662666



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