TIME TO THINK ABOUT ERGONOMICS

DO YOU KNOW...?

It's your legal obligation to carry out Workstation Assessments for all employees under EU Directive 90/270/EEC





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There are a number of ways you can look after your employees and ensure they are comfortable and safe at work. Over 75% of UK workers are chair bound for more than 6 hours each day, so having the right chair is vital to their health and wellbeing.

Agility High Back Posture Chair

- Inflatable lumbar support
- Gas lift height adjustment
- Back and seat angle adjustment
- Tri-Curve backrest

Dynamic High Back Posture Chair

- · Provides long term solutions to all users in all environments
- Supports the 4 principle spine curves: cervical, thoracic, lumbar and pelvic
- 4-way back support curves
- 4-dimensional controls (seat angle, back angle, seat depth, back height)



KF73886 Blue **KF73885** Black



KF72589 Black

Another way to prevent employee discomfort and injury is to customise your current workstations with portable ergonomics solutions such as footrests, back and wrist supports.

Fellowes Professional Series™ Mesh Back Support



BB60096 Price: £36.50

Fellowes Portable Lumbar Support





BB52685 Price: £26.99

Fellowes Professional Series™ Heavy Duty Foot Support



Fellowes Professional Series™ Ultimate Back Support



BB51687 Price: £43.50

Kensington SoleMate™ Tilt/Height Adjustable Footrest



AC11991 Price: £42.99

Kensington Duo Gel Wave Mouse Mats and Wrist Rests



AC62397 Wrist Rest Blue/Black Price: £16.99

AC62399 Mouse Mat Graphite 2 Tone Price: £16.99 Fellowes Office Suites™ Mesh Back Support



BB60043 Price: £46.99

Kensington SoleRest™ Footrest



AC56148 Price: £24.99

A THIRD OF WORKERS EXPERIENCE Sore Wrists and Arms due to incorrect Keyboard or Mouse Positioning. This can also lead to carpal tunnel syndrome. The main cause of neck strain is the position your employees sit in when viewing their screen; provide them the flexibility they require with our range of laptop, monitor and tablet viewing accessories.



Fellowes Smart Suites™ Monitor Riser



BB54138 Price: £29.99

Fellowes I-Spire™ Tablet Flipstand



BB68063 Price: £23.50

Fellowes Professional Series™ Laptop Workstation with USB Hub



BB51437 Price: £95.00

Fellowes Office Suites™ Monitor Riser Plus



BB50459 Price: £56.00





BB47095 Price: £19.99

Fellowes I-Spire[™] Tablet Lift



BB66416 Price: xxx

For a clear screen and the prevention of eye strain

AF Multi-Screen Clene 200ml with Large Micro-fibre Cloth



AFI50557 Price: £6.99

AF Screen-Clene Sachets -Pack of 100



AFI50022 Price: £14.50